

# NorCal NPL DOC Meeting

Sept 3, 2014



# Meeting Agenda



- Administrative
- Technical

# NPL/NorCal Levels



NorCal NPL Champions League



NorCal NPL Premier 1 and Premier 2



NorCal Premier State Gold



NorCal Premier Leagues (Gold, Silver, Bronze, Nickel)

# Number of Teams

- 2014-15
  - Teams Applied: 352; Teams Accepted: 240; Teams Declined: 112
- 2013-14
  - Teams Applied: 292; Teams Accepted: 228; Teams Declined: 64
- 2012-13
  - Teams Applied: 288; Teams Accepted: 234; Teams Declined: 54
- 2011-12
  - Teams Applied: 244; Teams Accepted: 240; Teams Declined: 4

# Boy's Format

- Keep Same Format
  - Fall League
  - Winter League
  - Come together in Spring for Champions League...  
placement based on Fall/Winter standings

# Girl's Format

- Fall
  - Champions League (TOP NPL DIV) – *crowns NPL Champion*
  - State Premier 1
  - State Premier 2
- Qualification for Fall
  - Year 1 (and U14) the seeding committee would be responsible for determining the Champions League participants.
  - Teams Qualify for following seasons Champions League based on Winter and Spring placement

# NPL Relegation

- Relegation Zone created
  - Generally 2 teams per age group – more in U14
- Boy's Relegation zone is added in Spring
- Girl's Relegation zone is added in Winter and Spring
- The Relegation zone teams will playoff with State Gold winners and new NPL Club teams for final NPL spots in following season
- Any teams above relegation zone automatically qualify for following years NPL

# NPL Spots

- **PROPOSAL For 2015-16:** Auto-accept one team per NPL Clubs in U14 creating a larger U14 division but also a large relegation zone.
- U14 Academy Clubs
- U15 Showcase



# Game Day

- International Walk-out prior to NPL game
- Tents, water, and benches for both teams
- Reporting Stats: Goals
- Game Day Report: Procedures, Fields, Player of the Game, Referees
- Fines
- NPL Patches

# NPL State Finals

- **PROPOSAL:** NPL State Finals
  - Partnership with SoCal NPL League (Coast Soccer League)
  - State Finals Weekend
    - Top 2 NorCal vs Top 2 in SoCal
    - May 30-31

# NPL Technical

- PDP
- Scouting
- Club Visits
- DOC – Coaches Workshops

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# NPL PDP

- NPL PDP Program – 98 & 99 Boys and Girls
  - NPL PDP Director - Ian Mork
  - NPL Fall - Selection and Training
  - NPL Winter - Selection and Training
  - NPL Spring Training Program – State Selection – College Showcasing

# NPL Scouting

## Norcal Definition of Talent (player profile):

- Ambitious, good behavior, respectful, winning spirit, team player, possesses a high work ethic, coachable, clever, student of the game, focused on academics
- Technically proficient
- Tactically astute (decision making with and without the ball), wants the ball, creative, reading the game and understanding space, feeling for the game
- Physically healthy and focused on becoming a top athlete

# Norcal Player Ratings

- 5 Top US Youth National Team**
- 4.5 US Youth National Team player pool
- 4 US Soccer Training Center (TC)**
- 3.5 Top NORCAL PDP State Pool (IDP)
- 3 NORCAL PDP State Pool (IDP)**
- 2.5 Top PDP Regional Pool (IDP Player)
- 2 NORCAL PDP Regional pool**
- 1.5 Top Club level
- 1 Local Club level (Neighborhood player)

# NPL Technical Development

- Club - Scan/survey - Club Visits
- DOC - Workshops, continuing ed
- Coaches - Workshops, continuing ed

# Club Visits

## Club Visits :

- Scheduled beginning October
- Generally Tuesdays or Thursdays
- Clubs complete scan/survey

## Example Day:

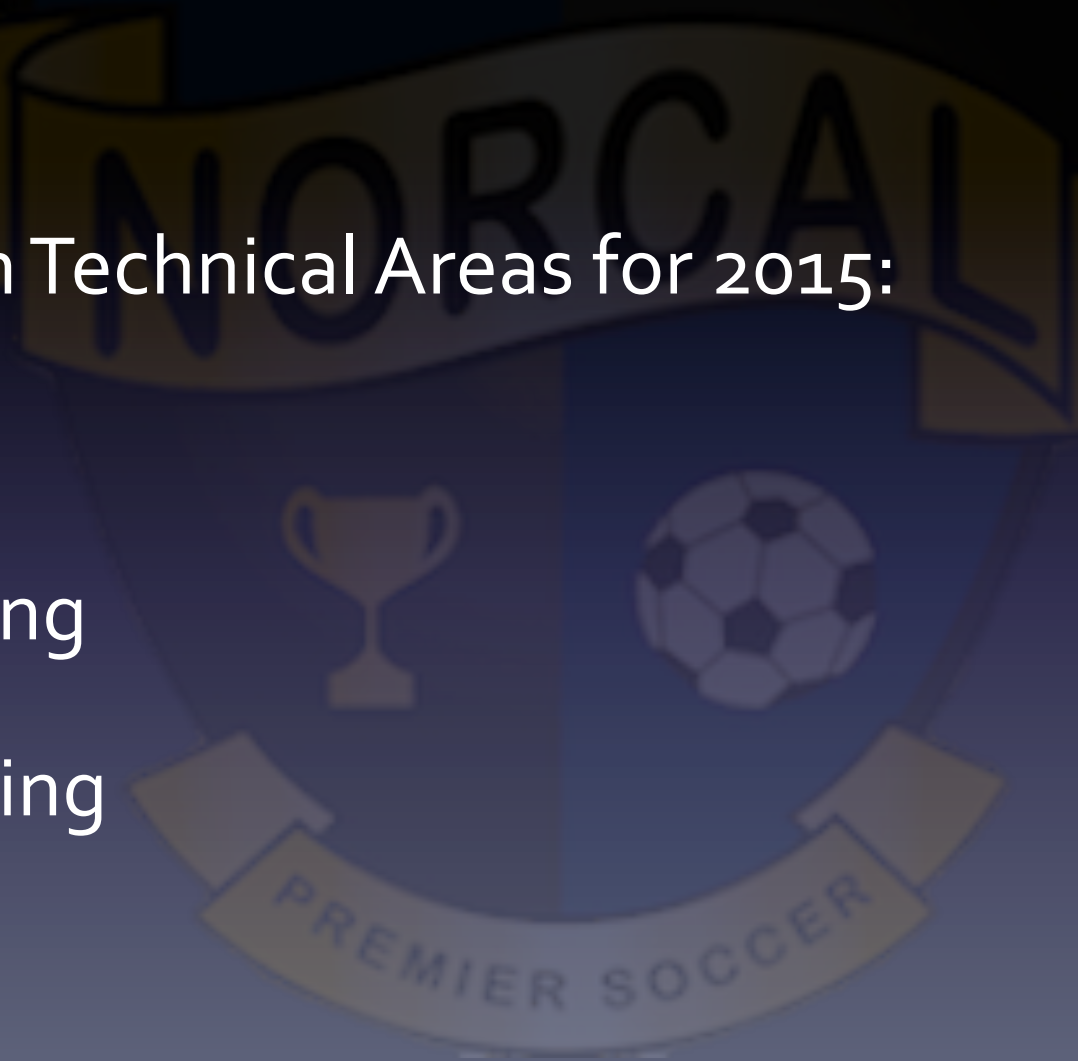
- 1pm - Meeting with Director's Staff and Board Representatives
- 1:00-2:00pm - Meeting with Director's Staff
- 3:00-4:30pm – Meeting with Coaches (Run by Norcal Staff)
- 4:30 – 6:00pm – Watch NPL Training
- 6:00 – 9:00pm – Coaching Session (Run by Norcal Staff)



# Technical Workshops

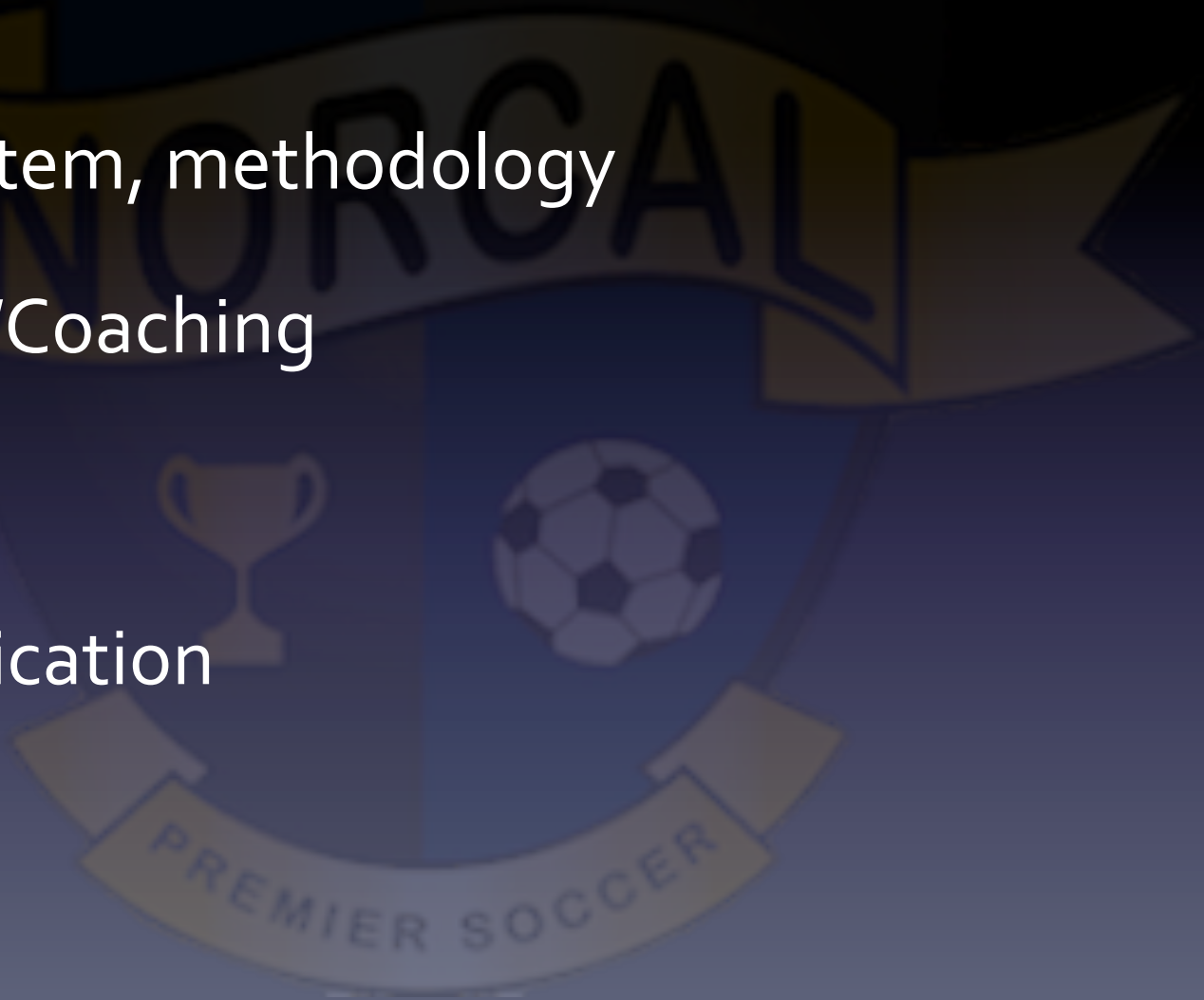
Focus on Technical Areas for 2015:

- Vision
- Planning
- Coaching



# 1. Vision

- Style, system, methodology
- Teaching/Coaching
- Playing
- Communication



# 2.Planning

Planning/periodisation of (multi) year (monthly, weekly, daily) team/player development program:

- Curriculum – 5 – 23 years of age
- Plan/periodisation – Multi year, Year - (bi) monthly – weekly – daily – drill
- Players and teams
- NPL Age group training blocks

# 3. Coaching

- Game
- Training
- Guidance/Mentoring: Players - Coaches

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# Technical Workshops

## 1. Regional Workshops (6-8 per year)

- Four regions
- DOC's 1:00 – 3:00pm/DOC-Coaches 4:00pm – 9:00pm

## 2. State Workshops – DOC's only (4 per year) – all day

Clinicians: Professor Vergine, John Cone, Daniel Serravite, Patrick Ledreu, Frans Hoek